



MOUNT JULIET  
ESTATE



THE HEALTH CLUB

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MEMBERSHIP

| MEMBERSHIP TYPE                                 | ANNUAL RATE |
|---|-------------|
| 1 year single membership                        | € 550       |
| 1 year couple membership                        | € 1000      |
| 1 year family membership 2 adults + 2 children  | € 1250      |
| GoldenYears (60 years and above)                | € 450       |
| Pay as you go rate swim only (Monday to Friday) | € 20.00     |

## THE BENEFITS OF MEMBERSHIP

### GOLF

- 10% discount on tuition
- 10% discount on golf shop products

### AMENITIES

- 10% discount on archery, salmon and trout fishing

### ACCOMMODATION

- 15% discount off the best available room rate midweek
- 10% discount off the best available room rate weekend
- Discount is subject to availability at all times

### FOOD & BEVERAGE

- 10% discount on meals in the Lady Helen Restaurant
- 10% discount on food & beverage in the Clubhouse and Hound

### THE TREATMENT SUITES AT MOUNT JULIET

- 10% discount on Spa Menu prices
- 10% discount on Spa Products
- Not applicable to special offers

### GUEST PASSES

- 12 free guest passes per member with 12 month's membership

## OPENING TIMES

Monday - Friday: 7am - 8.45pm

Saturday, Sunday and Bank Holidays:  
8am - 7.45pm

Children's Hours strictly 9am -12 noon  
and 3pm - 6pm daily

Mount Juliet Estate,  
Thomastown, Co. Kilkenny.  
+353 (0)56 777 3000  
info@mountjuliet.ie

mountjuliet.ie   



## HEALTH CLUB FACILITIES

### 15m SWIMMING POOL

- Constant depth of pool is 4' with 1.5' children's pool. The swimming pool has many features including:
- Grotto with waterfall
- Counter current flow jets to strengthen your stroke or for body massage

### SAUNA AND STEAM ROOM

- Steam room, Scented with eucalyptus.

### GYMNASIUM

- Gym includes Techno Gym equipment including a Kinesis Wall.
- The Staff in the leisure Centre are happy to provide induction to the gym and design a Fitness program for you. Personal Training is also available. Ask at the desk for further information.

### CLASSES

- A wide range of classes are available upon request (i.e. body conditioning, step aerobics, swimming).

### TENNIS

- Our Cevana tennis court can be booked through the Leisure Centre Reception.
- Tennis racquets and tennis balls are available for use.

### HEALTH & BEAUTY

- Enjoy a facial, massage, make-up or manicure in the comfort of our Health Spa facilities.
- Leisure Centre Members benefit from a 10% discount on all Health & Beauty treatments.

# LEISURE CENTRE - APPLICATION FORM

(Please complete in BLOCK CAPITALS)

NAME/NAMES

ADDRESS

E-MAIL

DATE OF BIRTH (mm/dd/yy)

TELEPHONE (H/W)

## MEMBERSHIP CATEGORY - PLEASE TICK

12 months       Couples 12 months       Golden Years       Family

## CHILDREN'S MEMBERSHIP (UP TO AGE 17)

First Name      Surname      Sex (M/F)      Date of Birth (DD/MM/YY)

1.....

2.....

## HOW WOULD YOU LIKE TO RECEIVE COMMUNICATION FROM MOUNT JULIET HEALTH CLUB?

Communication regarding your membership at Mount Juliet Health Club:      Phone       Email       No Communication

Communication regarding Mount Juliet Health Offer (Marketing):      Phone       Email       No Communication

Communication regarding your expiry date of your Health Club membership: Phone       Email       No Communication

START DATE: \_\_\_\_\_

Payment Method:      Cash       Cheque       Credit Card

CC Number       CCV       Expiry

SIGNATURE \_\_\_\_\_



## Conditions of Membership

1. The membership fee must be received in full before use of the Centre commences. In the event of default of the membership fee, entrance to the Centre and the use of the Centre's facilities will be denied.
2. On your application being accepted you are committed to membership for a period of not less than six months. Thereafter 30 days notice in writing must be given to the Centre of your intention to cancel your membership. Membership fees are due up to the date of such cancellation. In the event that membership is not renewed within one month of expiry, it is deemed to have expired.
3. Mount Juliet reserves the right to change membership fees. Members will be notified in advance of any such increases.
4. Membership deposits and membership fees are not refundable under any circumstances and temporary suspension of membership is not permitted.
5. Health Appraisal Forms (from Centre reception) must be completed and signed prior to using the exercise machines.
6. Guests must be accompanied by a member at all times, however Mount Juliet reserves the right to refuse admission.
7. All members must register their name and membership number on entering the Centre.
8. Lockers are provided in the changing rooms for daily use by members and guests. Personal belongings may not be left overnight in the lockers. Unclaimed property is kept on the premises for a maximum of three weeks, after which it is donated to charity.
9. The Centre is not responsible for the loss or damage to the personal property of any person whilst on the Centre premises or in the Centre parking areas.
10. Proper clothing/shoes must be worn at all times.
11. Children's hours are 9am to 12 noon and 3pm to 6pm each day. It is the responsibility of the parents or guardians of children (under 16 years) to supervise them at all times while they are on the premises.
12. Children under 18 years are not permitted access to the steam room, the sauna or the exercise equipment.
13. Mount Juliet reserves the right to utilise the Centre facilities for special events, private parties, seminars, tournaments or other activities and to thereby close the Centre with reasonable notice.
14. In the event of major reconstruction of the Centre premises, every effort will be made by Mount Juliet to eliminate any diminution of Centre services. Membership will not be suspended and members' cooperation in this respect is assumed.
15. Applicants who are unsuccessful will not be given any reasons for such refusal of membership.
16. Centre membership may be terminated by Mount Juliet for violation of any rule or regulation of the Centre or for conduct deemed to be detrimental to the welfare, good order or character of the Centre and its members or for any other reason at the sole discretion of Mount Juliet.
17. Mount Juliet reserves the right to amend and add to these Conditions of Membership. Members shall observe any amendments or additional conditions to the rules. On joining the Centre, members automatically accept and agree to be bound by the conditions of membership of the Centre.



## MEMBERSHIP AGREEMENT

I hereby acknowledge and agree that I and my guests will enjoy the facilities provided within the Centre entirely at our own risk and Mount Juliet shall have no liability whatsoever, whether in tort or in contract, for any loss, injury or damage howsoever sustained by us. I accept full responsibility for my own and my guests use of any and all of the facilities, appliances, privilege or service whatsoever at our own risk and indemnity and hold harmless Mount Juliet, its servants, officers, employees, representatives, or agents from all losses, claims, injury damage or liability sustained or incurred by me or by my guest, howsoever arising.

I hereby confirm and accept that I shall not hold Mount Juliet responsible for damage or injury howsoever, or whensoever caused to me or my guest arising from or due to the negligence of Mount Juliet.

I hereby apply for membership of Mount Juliet Health Centre. I understand that my application to membership of the Centre shall be made strictly by the Rules, Bye Laws and Regulations of the Centre in force from time to time. Should my application be successful and I am elected a member of the Centre, I hereby agree to comply with and be bound by those Conditions of Membership as set out above or as amended from time to time by Mount Juliet.

I acknowledge and confirm that I fully understand the effect and importance of the above-mentioned Acknowledgements and Conditions of Membership.

Signature

Date

dd / mm / yy

Block Capitals

## GUEST PASS CONDITIONS

1. Each 1 year adult member of Mount Juliet is entitled to invite one guest per month complimentary.
2. To avail of the facilities of the swimming pool only as a guest must not use gym without health appraisal.
3. Members must accompany guests on each visit.
4. Each complimentary pass must be used in the current month, and cannot be carried over to following month.
5. A record of each visit will be held at the health club and may be viewed at any time by member.
6. Our six and three month memberships are unable to avail of the guest passes this also applies to a student membership.

